

# Chittenango Physical Therapy

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

SS Number: \_\_\_\_\_

Address: \_\_\_\_\_

City

State

Zip

Primary Phone Number: \_\_\_\_\_ Secondary Phone Number: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

**Appointment Reminders:** (Circle one) Please **CALL** or **TEXT** my phone the day before to remind me

Emergency Contact: \_\_\_\_\_ Contact Phone Number: \_\_\_\_\_

Referring Doctor: \_\_\_\_\_

Primary Insurance: \_\_\_\_\_ Secondary Insurance: \_\_\_\_\_

(Please present your insurance card(s) to the receptionist - Thank you!)

Where did you hear about Chittenango Physical Therapy?

Family/Friend Print Ad Doctor Website Online Search Insurance Radio Other: \_\_\_\_\_

## Designated Individuals Authorization (Optional)

List anyone you would like Chittenango Physical Therapy to be able to correspond with about your care.

(Example: Family Members, Parents, Siblings, Spouse, Lawyer, Caregiver etc.)

I hereby authorize one or all of the designated parties below to request and receive any of my protected health information regarding treatment, payment or administrative operations. I understand that the identity of these designated parties will be verified before the release of any information.

Authorized Designees:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Cancellation/No Show Policy:** By signing this form you agree to a **24 hour notice** prior to your appointment for any appointment cancellations. Any cancellations with <24 hour notice or a no show will result in a **\$20 fee** charged to your account. In the event of an emergency or bad weather the \$20 cancellation fee will be waived. (Effective 4/1/24) If you cancel or no show 3 or more visits then you will be put "on call". Meaning you will have to call us the day of to see if we have any openings.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Next Doctor's Visit: \_\_\_\_\_

Briefly describe your current injury/symptoms: \_\_\_\_\_

Date of onset and cause of injury/symptoms: \_\_\_\_\_

Overall your symptoms have been... (circle one) (Improving) (Worsening) (Staying the same)

Have you recently experienced any numbness/ tingling/ Altered sensation anywhere in your body? **YES / NO**

If YES, Where? : \_\_\_\_\_

What makes your symptoms worse? \_\_\_\_\_

What makes your symptoms better? \_\_\_\_\_

Have you experienced these symptoms before? **YES or NO** If YES, When? \_\_\_\_\_

What treatments, if any, have you received in the past for your current injury? \_\_\_\_\_

List any brace/assistive device you currently use: \_\_\_\_\_ Average hours of sleep per night: \_\_\_\_\_

Circle any of the following which you have had recently: X-Ray MRI CT scan Bone Scan DXA Scan Ultrasound

List any medications that you are currently taking (Including dosage) (or provide the front office with a list of medications to photocopy)

Are you currently working; what is your occupation? \_\_\_\_\_

Briefly describe your occupation demands: \_\_\_\_\_

Circle any of the medical conditions that apply to you:

- |                             |                                 |                            |                               |
|-----------------------------|---------------------------------|----------------------------|-------------------------------|
| <b>Alzheimer's</b>          | <b>Dizziness/ Double vision</b> | <b>Metal Implants</b>      | <b>Pinched Nerve</b>          |
| <b>Anemia</b>               | <b>GI Disorder</b>              | <b>Multiple Sclerosis</b>  | <b>Pregnancy</b>              |
| <b>Anxiety Disorder</b>     | <b>Headaches</b>                | <b>Nerve Disorder</b>      | <b>Psychological Disorder</b> |
| <b>Back Disorder</b>        | <b>Heart Problems</b>           | <b>Neuropathy</b>          | <b>Rheumatoid Arthritis</b>   |
| <b>Cancer</b>               | <b>High Cholesterol</b>         | <b>Osteoarthritis</b>      | <b>Sciatica</b>               |
| <b>Circulatory Problems</b> | <b>High Blood Pressure</b>      | <b>Osteoporosis</b>        | <b>Skin Disease</b>           |
| <b>COPD/Respiratory</b>     | <b>Incontinence</b>             | <b>Pacemaker</b>           | <b>Stroke</b>                 |
| <b>Depression</b>           | <b>Kidney Problems</b>          | <b>Parkinson's Disease</b> | <b>Tuberculosis</b>           |
| <b>Diabetes</b>             | <b>Liver Problems</b>           | <b>Pelvic Pain</b>         | <b>Ulcer</b>                  |

Other Medical Conditions: \_\_\_\_\_

List of major surgeries and dates: \_\_\_\_\_

Approximate amount of time you can tolerate: Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Walking \_\_\_\_\_

Currently I am experiencing (circle all that apply):

- |                            |                              |                                |  |
|----------------------------|------------------------------|--------------------------------|--|
| <b>Fever/Chills/Sweats</b> | <b>Shortness of Breath</b>   | <b>Weight Loss/ Gain</b>       | <b>Changes in Appetite</b>             |
| <b>Nausea/Vomiting</b>     | <b>Difficulty Swallowing</b> | <b>Increased Pain at Night</b> | <b>Changes in Bowel/ Bladder Func.</b> |

Poor Balance (Falls)? If YES.. How many falls have you had in the last year? \_\_\_\_\_

During the past month, have you often been bothered by feeling down, depressed or hopeless? **YES or NO**

During the past month, have you often been bothered by little interest in pleasure in doing things? **YES or NO**

Do you participate in any form of exercise on a regular basis? **YES or NO**

If YES... What kind? \_\_\_\_\_

**ACKNOWLEDGEMENT OF NOTIFICATION OF PRIVACY PRACTICES**

Your protected health information will be used by Chittenango Physical Therapy or disclosed to others only for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of the practice.

Prior to signing this form, you may review the full Notification of Privacy PRactices for a more detailed description of how your protected health information may be used or disclosed.

I have been notified of the Privacy Practices for Chittenango Physical Therapy.

\_\_\_\_\_  
Name of Patient (Print or Type)

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

Signature of Patient Representative: \_\_\_\_\_  
(Required if the patient is a minor or an adult who is unable to sign this form)

\_\_\_\_\_  
Relationship of Patient Representative to Patient

Name: \_\_\_\_\_

Date: \_\_\_\_\_

On the diagram below, please indicate where you are experiencing pain right now.  
Please circle the area and use the following letters to show what type of pain it is:

(A=Ache, B=Burning, N=Numbness, P=Pins and needles, S=Stabbing, O=other)

Please rate your pain from 0 = None to 10= Worst:

Least: \_\_\_\_\_

Worst: \_\_\_\_\_

Average Daily: \_\_\_\_\_

